



# Quality of Life Perspectives in Children with Cerebral Palsy

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## Introduction

- Focus is on results of 2 studies.
- Examining QoL perceptions among school-age children with cerebral palsy and their typically developing peers.
- Part of a larger study of social integration of children with disabilities.



## Definition of Quality of Life

- WHO 1997 definition:
  - "individuals' perception of their position in life in the context of the culture and value systems in which they live and in relation to their goals, expectations, standards and concerns."
- NIH PROMIS Steering Committee (2009) opted to retain the WHO QoL framework of physical, mental and social health.



## Topics of Interest of the Two Studies

- The feasibility of utilizing a modified self-generated child-reported quality of life instrument with children, from ages 6-12, with and without cerebral palsy.
- 2. To generate information about differing perspectives (child-reported vs. parent-proxy reports) <u>and</u> differing domains (predetermined vs. self-generated) on QoL of school-age children with and without cerebral palsy.



## Hypotheses of Study One

- Children, ages 6-12 years, will be able to self-generate QoL domains using a modified Schedule for the Evaluation of Individual Quality of Life-Direct Weight (SEIQoL-DW) procedure;
- Group difference in SEIQoL-DW Total Index Score will not be statistically significant; and
- 3. Group differences in frequency, ranking and status of domains will not be statistically significant.



## Method: Sample

- n = 101 school-age children, 6-12 years
- 41 children with cerebral palsy (CP)
- 60 typically developing (TD) children



## Method: Sample

#### Inclusion/Exclusion Criteria for all children

- IQ 70 or greater
- Functional oral communication skills
- Public or Private schooling
- Absence of current psychiatric diagnosis
- Absence of any recent medication changes that could affect cognition



## Method: Sample Inclusion/Exclusion Criteria for children with CP

 Only a history of congenital CP with no history of post-neonatal acquired brain injury (i.e., traumatic brain injury, stroke, encephalitis, or injury secondary to status epilepticus)



#### Method: Sample Inclusion/Exclusion Criteria for TD children

 No history of cognitive, functional, or physical impairments, no special education certification, and no diagnosis of CP.



#### Method: Sample

Age (years)	<u>Cerebral Palsy</u> (CP) (n = 41) 8.8 (1.8)	<u>Typically Developing</u> (TD) (n = 60) 8.9 (1.7)
Gender		
Male	27	30
Female	14	30
Seizure History	27% positive**	0% positive**
Birth weight (grams)	2113.72 (1097.68)**	3468.56 (513.0)
Gestation (weeks)	30.6 (6.4)**	37.7 (1.1) **

GMFCS levels as follows: Level 1 (5), Level II (1), Level III (17), Level IV (5), Level V (1) and 12 children classified as having no restrictions and no limitations.



## Instrument: SEIQoL-DW modified

- Semi-structured interview QoL instrument by which individuals identify domains or importance.
- Three Stages
  - Stage 1 nominate 5 domains of importance
  - Stage 2 Rate the domains
  - Stage 3 Rank the domains

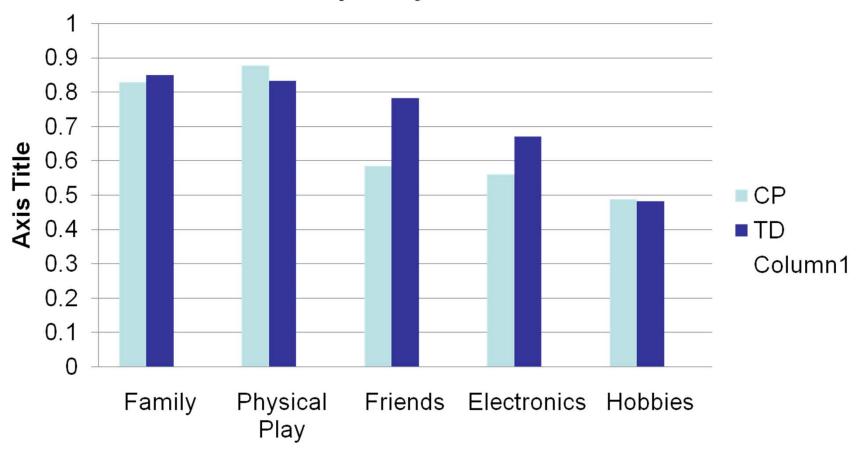


#### Results of Study One

- 11 quality of life domains were self-identified:
  - Family
  - Friends
  - Pets
  - Hobbies
  - Physical Play
  - Physical Health/Physical Needs
  - School/Education
  - Religion
  - Electronics/Entertainment
  - Travel
  - Other

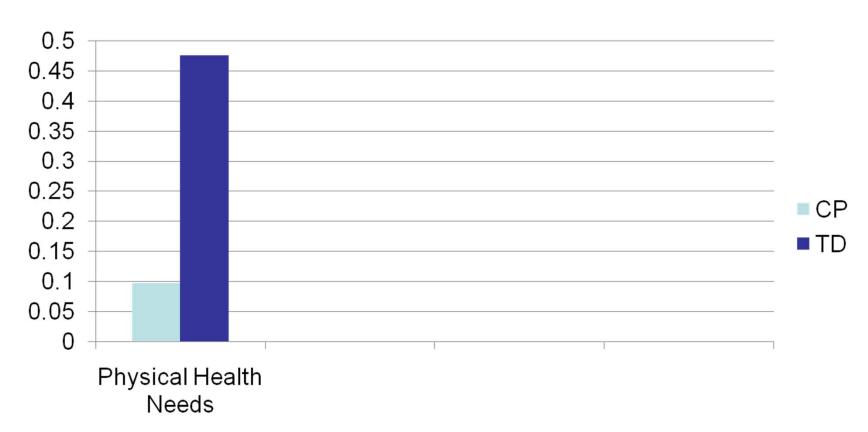


#### **Five Most Frequently Generated Domains**





## Statistically Significant Difference in SEIQoL Frequency Domains For Physical Health/Physical Needs Domain





- Group difference in SEIQoL-DW Total Index was not significantly different and there were no statistically significant group differences in satisfaction ratings
- There were no statistically significant associations between GMFCS and the SEIQoL-DW in the CP group



## Study Two "Differing Perspectives" Questions

- What are the associations between predetermined and self-generated QoL domains in school-age children with CP and their typically developing (TD) peers?
- 2. What is the concordance between child-rated QoL and parent ratings of the child's HRQoL in children with and without CP?

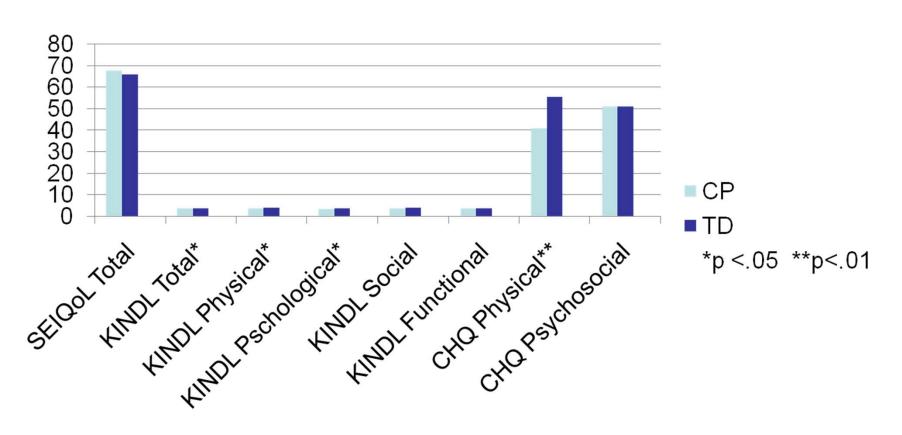


## Study Two: Instruments & Method

- Kinder Lebensqualititafragebogen (KINDL) (Ravens-Sieberer & Bullinger, 1998),
- Child Health Questionnaire (CHQ)
   (Landgraf, Abetz, & Ware, 1996), and
- SEIQoL-DW modified.

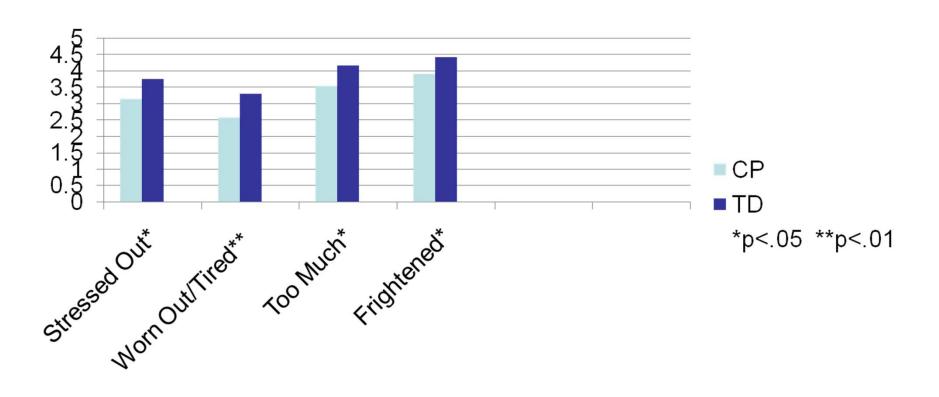


**RESULTS**Means & SD for SEIQoL, KINDL, CHQ



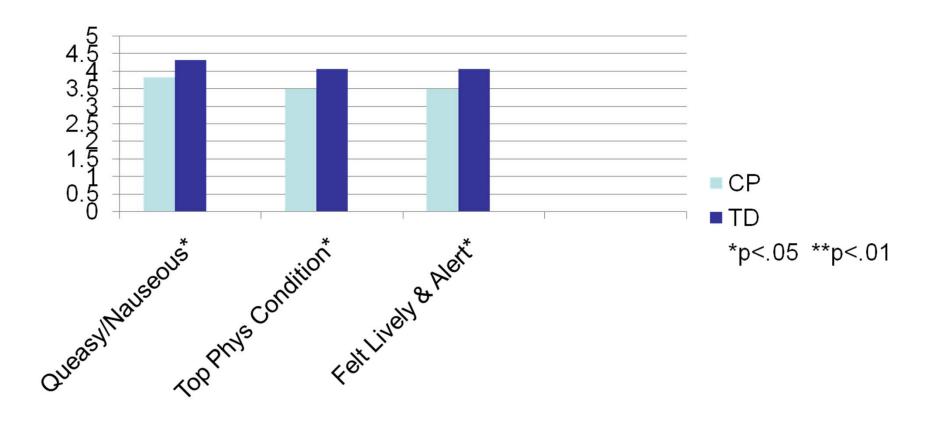


## Statistically Significant Means & SD for KINDL Psychological Scale – Individual Items





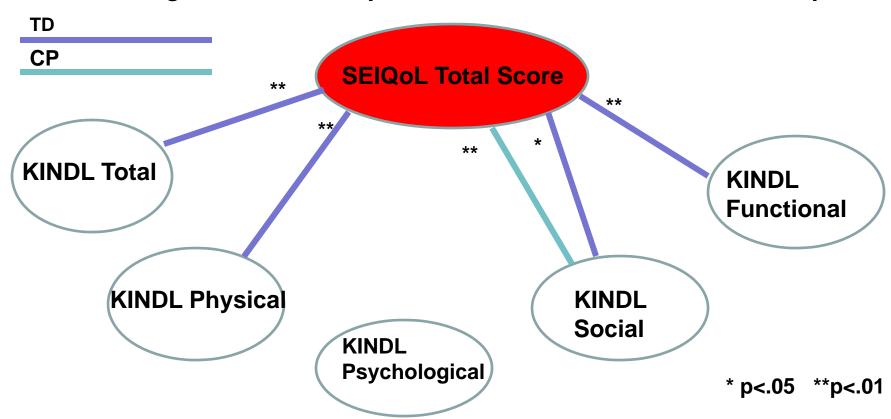
## Statistically Significant Means & SD for KINDL <u>Physical</u> Scale – Individual Items





#### Pearson Bivariate Correlations

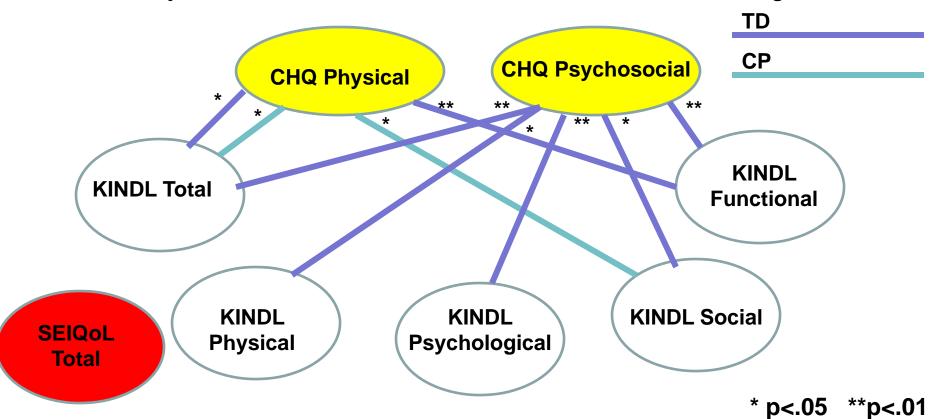
Child Self-generated, Self-reports with Child Predetermined, Self-reports





#### Pearson Bivariate Correlations

Parent-Proxy Predetermined with Child, Predetermined and Child, Self-generated





 Which raises the interesting possibility that parents of children with cerebral palsy may not be aware of the extent to which these children experience non-observable feelings of stress.



 And, it leads to the possibility that these psychological symptoms may be erroneously identified as symptoms ascribed to the condition of cerebral palsy which may be termed "neurodevelopmental diagnostic overshadowing" or an example of "hidden morbidity" as described by Varni, Burwinkel and others in 2005.



## Conclusion

- Children, ages 6-12 years, can self-generate dimensions of importance to their quality of life based on experience and developmental stage.
- Children with the unique health condition of cerebral palsy self-generate a list physical and social dimensions of importance that are <u>not</u> radical differences from their typically developing peers.



## Conclusion

 Both children and parent perspectives and expectations should be assessed as <u>complementary views</u> rather than opposing or confirmatory views.



## Conclusion

 Broader assessment of children with cerebral palsy may need to be considered beyond the motor and physical functional abilities to include the less obvious psychological and emotional comorbidities that impact a child's quality of life.